



Stations of the Cross

The stations of the cross are a way to reflect on and pray through the different aspects that Jesus encountered when He chose to take on sin and shame for us by dying on the cross. This practice was first established by Saint Leonard of Port Maurice (1676-1751), a Franciscan friar.

This guide was created for you to use as you visit each station. The stations are numbered 1-14. Please use these Bible passages and prayers to reflect on each station.



Jesus in the Garden of Gethsemane

Matthew 26:36-41 (NIV)

Then Jesus went with his disciples to a place called Gethsemane, and he said to them, “Sit here while I go over there and pray.” He took Peter and the two sons of Zebedee along with him, and he began to be sorrowful and troubled. Then he said to them, “My soul is overwhelmed with sorrow to the point of death. Stay here and keep watch with me.”

Going a little farther, he fell with his face to the ground and prayed, “My Father, if it is possible, may this cup be taken from me. Yet not as I will, but as you will.”

Then he returned to his disciples and found them sleeping. “Couldn’t you men keep watch with me for one hour?” he asked Peter. “Watch and pray so that you will not fall into temptation. The spirit is willing, but the flesh is weak.”

Pray with us:

Lord Jesus, help us follow in your steps. Keep our spirits willing, and strengthen us when our flesh is weak; you live and reign, now and forever. Amen.



Jesus Betrayed By Judas And Arrested

Mark 14:43-46 (NIV)

Just as he was speaking, Judas, one of the Twelve, appeared. With him was a crowd armed with swords and clubs, sent from the chief priests, the teachers of the law, and the elders.

Now the betrayer had arranged a signal with them: “The one I kiss is the man; arrest him and lead him away under guard.” Going at once to Jesus, Judas said, “Rabbi!” and kissed him. The men seized Jesus and arrested him. Then one of those standing near drew his sword and struck the servant of the high priest, cutting off his ear.

Pray with us:

Lord Jesus, help us follow in your steps, even when we must go where we do not want to go; you live and reign now and forever. Amen.



Jesus is Condemned by the Sanhedrin

Luke 22:66-71 (NIV)

At daybreak the council of the elders of the people, both the chief priests and the teachers of the law, met together, and Jesus was led before them. “If you are the Messiah,” they said, “tell us.” Jesus answered, “If I tell you, you will not believe me, and if I asked you, you would not answer. But from now on, the Son of Man will be seated at the right hand of the mighty God.” They all asked, “Are you then the Son of God?” He replied, “You say that I am.” Then they said, “Why do we need any more testimony? We have heard it from his own lips.”

Pray with us:

Lord Jesus, help us follow in your steps, that we always confess you as Christ our Lord, Son of Man and Son of God; you live and reign, now and forever. Amen.



Jesus is Denied by Peter

Matthew 26:69-75 (NIV)

Now Peter was sitting out in the courtyard, and a servant girl came to him. “You also were with Jesus of Galilee,” she said. But he denied it before them all. “I don’t know what you’re talking about,” he said. Then he went out to the gateway, where another servant girl saw him and said to the people there, “This fellow was with Jesus of Nazareth.” He denied it again, with an oath: “I don’t know the man! After a little while, those standing there went up to Peter and said, “Surely you are one of them; your accent gives you away.”

Then he began to call down curses, and he swore to them, “I don’t know the man!” Immediately a rooster crowed. Then Peter remembered the word Jesus had spoken: “Before the rooster crows, you will disown me three times.” And he went outside and wept bitterly.

Pray with us:

Lord Jesus, help us follow in your steps, that we always remember the words you have spoken, repent of our sins, and cling to you; you live and reign, now and forever. Amen.



Jesus Is Judged By Pontius Pilate

Mark 15:1-5, 15 (NIV)

“Very early in the morning, the chief priests, with the elders, the teachers of the law and the whole Sanhedrin, made their plans. So they bound Jesus, led him away and handed him over to Pilate. “Are you the king of the Jews?” asked Pilate.

“You have said so,” Jesus replied. The chief priests accused him of many things. So again Pilate asked him, “Aren’t you going to answer? See how many things they are accusing you of.” But Jesus still made no reply, and Pilate was amazed. Wanting to satisfy the crowd, Pilate released Barabbas to them. He had Jesus flogged, and handed him over to be crucified.

Pray with us:

Lord Jesus, we cannot always follow in your steps, for you went to the depths of suffering alone, so that like Barabbas, we would be set free; you live and reign, now and forever. Amen.



Jesus Is Mocked And Beaten

John 19:1-3 (NIV)

Then Pilate took Jesus and had him flogged. The soldiers twisted together a crown of thorns and put it on his head. They clothed him in a purple robe and went up to him again and again, saying, “Hail, king of the Jews!” And they slapped him in the face.

Pray with us:

Lord Jesus, help us follow in your steps. Rule in our hearts, as our good and gracious King of Kings and Lord of Lords; you live and reign, now and forever. Amen.



Jesus Carries The Cross

John 19:6, 15-17 (NIV)

As soon as the chief priests and their officials saw him, they shouted, “Crucify! Crucify!” “Here is your king,” Pilate said to the Jews. But they shouted, “Take him away! Take him away! Crucify him!” “Shall I crucify your king?” Pilate asked. “We have no king but Caesar,” the chief priests answered. Finally Pilate handed him over to them to be crucified. So the soldiers took charge of Jesus. Carrying his own cross, he went out to the place of the Skull (which in Aramaic is called Golgotha).

Pray with us:

Lord Jesus, help us follow in your steps. We have no king but you; you live and reign, now and forever. Amen.



Jesus Is Helped By Simon of Cyrene To Carry The Cross

Luke 23:26 (NIV)

As the soldiers led him away, they seized Simon from Cyrene, who was on his way in from the country, and put the cross on him and made him carry it behind Jesus.

Pray with us:

Lord Jesus, help us follow in your steps. Help us bear our crosses, for you bore the heaviest cross for us; you live and reign, now and forever. Amen.



Jesus Meets The Women of Jerusalem

Luke 23:27-31 (NIV)

A large number of people followed him, including women who mourned and wailed for him. Jesus turned and said to them, “Daughters of Jerusalem, do not weep for me; weep for yourselves and for your children. For the time will come when you will say, ‘Blessed are the childless women, the wombs that never bore and the breasts that never nursed!’ Then “they will say to the mountains, “Fall on us!” and to the hills, “Cover us!” For if people do these things when the tree is green, what will happen when it is dry?”

Pray with us:

Lord Jesus, help us follow in your steps. Dry our tears, until that day when you wipe away every tear from our eyes; you live and reign, now and forever. Amen.



Jesus Is Crucified

Luke 23:32-34 32 (NIV)

Two other men, both criminals, were also led out with him to be executed. When they came to the place called the Skull, they crucified him there, along with the criminals—one on his right, the other on his left. Jesus said, “Father, forgive them, for they do not know what they are doing.” And they divided up his clothes by casting lots.

Pray with us:

Lord Jesus, help us follow in your steps, that we forgive those who have sinned against us, because you have freely forgiven us; you live and reign, now and forever. Amen.



Jesus Promises Paradise To The Repentant Thief

Luke 23:39-43 (NIV)

One of the criminals who hung there hurled insults at him: “Aren’t you the Messiah? Save yourself and us!” But the other criminal rebuked him. “Don’t you fear God,” he said, “since you are under the same sentence? We are punished justly, for we are getting what our deeds deserve. But this man has done nothing wrong.” Then he said, “Jesus, remember me when you come into your kingdom.” Jesus answered him, “Truly I tell you, today you will be with me in paradise.”

Pray with us:

Lord Jesus, help us follow in your steps, that by your grace we, too, may join you in your kingdom of Paradise when our last hour comes; you live and reign, now and forever. Amen.



Jesus Speaks To His Mother And The Disciples

John 19:25-27 (NIV)

Near the cross of Jesus stood his mother, his mother's sister, Mary the wife of Clopas, and Mary Magdalene. When Jesus saw his mother there, and the disciple whom he loved standing nearby, he said to her, "Woman, here is your son," and to the disciple, "Here is your mother." From that time on, this disciple took her into his home.

Pray with us:

Lord Jesus, help us follow in your steps. Give us the blessed comfort of friends and family, and always keep us near you; you live and reign, now and forever. Amen.



Jesus Dies On The Cross

Luke 23:44-46 (NIV)

It was now about noon, and darkness came over the whole land until three in the afternoon, for the sun stopped shining. And the curtain of the temple was torn in two. Jesus called out with a loud voice, “Father, into your hands I commit my spirit.” When he had said this, he breathed his last.

Pray with us:

Lord Jesus, help us follow in your steps, for by your innocent suffering and death, you have opened up the way to the Father for us; you live and reign, now and forever. Amen.



Jesus Is Placed In The Tomb

Matthew 27:57-60 (NIV)

As evening approached, there came a rich man from Arimathea, named Joseph, who had himself become a disciple of Jesus. Going to Pilate, he asked for Jesus' body, and Pilate ordered that it be given to him. Joseph took the body, wrapped it in a clean linen cloth, and placed it in his own new tomb that he had cut out of the rock. He rolled a big stone in front of the entrance to the tomb and went away. Mary Magdalene and the other Mary were sitting there opposite the tomb.

Pray with us:

Lord Jesus, help us follow in your steps, for you have gone where we must all go, to death and the grave, all so you could rise again; you live and reign, now and forever. Amen.